



SAFEWATER MANAGEMENT, INC.

SWIM TEAM AND SWIM LESSON PROGRAM

SUMMER 2023

Safewater Management, Inc. Swim Lessons

"Let Safewater instructors teach your children"

Group lessons – 6/30 minutes sessions - \$150.00.

(You create the Group)

Private lessons – 4/30 minute sessions - \$170.00.

Semi-private - 4/30 minute sessions - \$250.00 (\$125/student)

(Usually 2 siblings or buddies)

For scheduling questions, please call Safewater's owner Charlotte Boswell at **985-237-9557** otherwise go to our website to sign up, www.teamsafewater.com

RIVER OAKS RACERS SWIM TEAM 2023

Head Swim Coach, Kirsti Salvetti, originally from New Zealand, has been in the USA since 1989. She has been swimming since age 5. After High School she swam on a Masters Triathlon team until leaving for the US. Kirsty has been teaching lessons for 26 years, and is currently head coach of River Oaks summer swim program and Safewater's Swim Team Coordinator for the 20th year.

The Racers swim team was created in 1994 to serve the needs of developing swimmers at the club who are ready to learn competitive swimming strokes and improve their overall skills. Swim team is the best way to improve swimming skills after a child has advanced beyond swimming lessons.

Qualifications

This is a developmental program ideal for entry level swimmers and is designed to introduce swimmers into the competitive scene. We focus on stroke technique, endurance and positive self image through a non-stress, supportive team environment. Our summer program is designed for diverse ability and motivational levels to give each individual a unique swimming experience. This program offers superior stroke instruction, with a focus on improvement and having fun. Our qualifications for our 7, 8, and 9 year age old group as well as our 10 and over age group is that the swimmers must be proficient in swimming the length of the pool safely. Our qualifications for our 6 and under age group are that they can swim at least a third of the pool without holding on to the side. We would like to see them be able to take a breadth and continue swimming. Swimmers who are not able to safely swim 1/3 of the length of the pool efficiently will be offered and placed in swim lessons. All 6 and under swimmers that are new to the program will be expected to pass a swim test to be placed effectively. **The swim test for the 6 and unders will be announced in the Spring.**

Trophies and Awards

All swimmers will receive best time and good swim ribbons at each swim meet and a medal at the end of the season.

Volunteers

Volunteers are needed to time at swim meets.

Practice Dates and Times

May 30 - July 7

10yrs & over 8:00am – 8:45am

7, 8 & 9 yrs 8:45am – 9:30am

6 yrs & under 9:30am – 10:10am

*Practice times subject to minimal changes with the number of registered swimmers.

Swim Team Registration Monday, April 17, 4pm - 6pm. River Oaks Clubhouse.

One swimmer Resident - \$260.00

2nd swimmer Resident - \$235.00

3rd swimmer Resident - \$210.00

NON-RESIDENT SWIMMER FEE \$25.00 / NON-RESIDENT FEE PER FAMILY \$50.00 (2 OR MORE CHILDREN)

Racers swim team suits will be available to try on at registration. Limited logo'd inventory available, once gone, participant will need to order from online store. No refunds after June 1.

Meet Schedule

June 9 – Swim Meet @ River Oaks Pool 7am warm ups, 8am start

June 23 – Swim Meet @ River Oaks Pool 7am warm ups, 8am start

July 7 – Swim Meet @ River Oaks Pool 7am warm ups, 8am start

FOR QUESTIONS / CALL CHARLOTTE BOSWELL/ CELL 985-237-9557.